## **SOCIAL HEALTH** | Social Emotional Competencies



Competency E: Responsible Decision-Making	
E1: Develop, implement and model effective decision and critical thinking skills	
E1. 1.b	Track to Success
Generate possible solutions or responses to a problem	Sandwich Method
or needed decision recognizing that there may be more	Catch Your Thoughts
than one perspective	Charlie B Leach Video
E1. 2.b	Track to Success
Implement strategies to solve a problem	Catch Your Thoughts
	Charlie B Leach Video
E2: Identify potential outcomes to help make constructive	1
E2. 1.b Identify factors that can make it hard to make the	Jerriame Video
best decisions at home or at school	
E2. 2.b	Jerriame Video
Identify reliable sources of adults to help in various	HELP Test
settings	
E2. 3.b	Responsible vs Irresponsible
Predict possible future outcomes of personal actions in	Catch Your Thoughts
various settings	
various securigs	
E3: Consider the ethical and civic impact of decisions	
E3. 1.b	How to Be a Friend
Demonstrate the ability to respect the rights of self and	Boundaries
others	Charlie B Leach Video
others	
	THINK and Golden Rule
	HELP Test
E3. 2.b	Responsible vs Irresponsible
Demonstrate safe practices to guide actions	Social Media Lesson
E3. 3.b	The Puzzle
Consider various perspectives and sources of	
information when participating in group decision-	
making	
E4: Explore and approach new situations with an open mind and curiosity while recognizing that some	
outcomes are not certain or comfortable	
E4. 1.b	Constructing Safe Relationships Social Health
Explore new opportunities to expand one's knowledge	curriculum
and experiences	
E4. 2.b	Counterfeit versus Real
Recognize that new opportunities or unfamiliar	
situations may require productive struggle	
E4. 3.b	Constructing Safe Relationships Social Health
Demonstrate ability to manage transitions and adapt to	curriculum
changing situations and responsibilities in school and	
life.	