



## 6<sup>th</sup> THROUGH 12<sup>th</sup> | Scope and Sequence

Topic/Demo	6th Grade	7th Grade	8th Grade	9-12th Grades
Pre/Post Survey	Quick Survey	Pre/Post Survey	Pre/Post Survey	Pre/Post Survey
<b>Decision Making/ Choices</b>	Demo: Keys to Your Future DVD: Future Choices Stickers: Do the Right Thing Worksheet: Right or Wrong Demo: Drawing the Line Demo: Balloons Pledge Card: Future Choice Demo: Tape Measure Definition: Renewed Optimal Health	DVD: RUC Intro Demo: Voices of Choices Stickers: Do the Right Thing Game: Winding Through Life Pledge Card: True North Demo: Roller Coaster /Staircase Definition: Renewed Optimal Health	Worksheet: Rebuilding a Country DVD: Check It Out Demo: Funnel Brochure: Uganda Pledge Card: Miss The Mess Demo: Funnel Demo: Who is affected DVD: Fatherhood Demo: Hollywood Bag Pledge Card: Miss The Mess / Wrist Band	Worksheet: Rebuilding a Society Pledge Cards: Think It Over / Wrist Band Demo: The Funnel
<b>Goals/Future Orientation</b>	Demo: Consequences Bag Worksheet – Goals, Future Choices Students/ Parents Demo: Keys to Your Future DVD: Future Choices Life Success Sequence	Demo: Consequences Bag Worksheet: What Will It Take To Be Me? Demo: Bouquet Life Success Sequence Dating Guidelines Demo: True North Compass	Share Goals Pledge Card: Miss The Mess / Wrist Band Demo: Funnel DVD: Fatherhood Demo: Hollywood Bag Life Success Sequence Worksheet: Who Am I?	Demo: Consequence Bag Worksheet – Future Choices Demo: Funnel Life Success Sequence Primary Prevention Chart
<b>Definitions – Power Point Slides</b>	Abstinence Sexual Risk Avoidance Optimal Health Renewed Optimal Health Integrity	Abstinence Sexual Risk Avoidance Optimal Health Renewed Optimal Health Integrity	Abstinence Sexual Risk Avoidance Optimal Health Renewed Optimal Health Integrity	Abstinence Sexual Risk Avoidance Optimal Health Renewed Optimal Health Integrity
<b>Whole Person</b>	Demo: Parts R Parts Brain Development Worksheet: Positive Youth Development	Demo: The Human Puzzle Demo: Linus Story Functional vs Dysfunctional Human Brain Training Worksheet: Positive Youth Development	Demo: M-PIES DVD-Brain Development Protective Factors Love Tank Worksheet: Positive Youth Development	Worksheet: Whole Person Adolescent Health Worksheet: Positive Youth Development
<b>Character</b>	DVD: Future Choices Stickers: Do the Right Thing Definition: Integrity Worksheet: Right or Wrong Worksheet: Positive Youth Development	Demo: Coke Is the Real Thing Definition: Integrity Demo: Bouquet Game: Winding Through Life Worksheet: Positive Youth Development	Integrity Definitions Worksheet: Rebuilding a Country Worksheet: Positive Youth Development	Integrity Definitions Worksheet: Puzzling Hearts Worksheet: Positive Youth Development



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<b>Consequences – Teen Pregnancy/Adoption</b>	Demo: Consequences Bag DVD: Future Choices Demo: Bonnie & Clyde Worksheet: Teen Pregnancy Effects on Mom & Baby Healthy Baby Development Demo: Baby model	Demo: Consequences Bag Demo: Play-Doh Demo: Speedy Sperm	Worksheet: Adoption DVD: Adoption: Faces of Hope Single Parents Worksheet: Teen Pregnancy Game Demo: John & Julie Group Role Play: Who Is Affected By Teen Pregnancy? Demo: Funnel	Demo: Consequences Bag
<b>Consequences - Fatherhood</b>	DVD: Future Choices Demo: Bonnie & Clyde Demo: Boys to Men	Demo: Knight in Shining Armor	DVD: Fatherhood Spots Demo: Hollywood Bag	Demo: Consequences Bag Marriage Stats
<b>Consequences – STI/STDs</b>	Demo: Consequences Bag DVD: Future Choices Intro: STI/STDs Demo: Flames of Passion Demo: Positive vs. Negative Relationships	Demo: Consequences Bag Worksheet – STI/ STDs Demo: STI/STDs Demo: Let's play catch Demo: Play-Doh Demo: Powder Sexual Exposure Card	DVD: Check It Out Worksheet – STI/ STDs Demo: Sponges Sexual Exposure Card Worksheet: SRA vs SRR	Brochure: Condom Facts Demo: Dr Apparel Worksheet: STI/ STDs Demo: How Many Partners Is Too Many Sexual Exposure Card Primary Prevention Chart
<b>Consequences – Financial Responsibility</b>	Demo: cost to raise a child/child support Life Success Sequencing	Demo: Consequences Bag Life Success Sequencing	Demo: The Teen Pregnancy Game Worksheet: Teen Pregnancy Life Success Sequencing	Demo: Consequences Bag Life Success Sequencing
<b>Consequences - ATOD</b>	Demo: cost to raise a child/child support Life Success Sequencing	Demo: Consequences Bag Life Success Sequencing	Demo: The Teen Pregnancy Game Worksheet: Teen Pregnancy Life Success Sequencing	Demo: Consequences Bag Life Success Sequencing
<b>Consequences – Laws</b>	The Law	The Law	The Law	Law & Responsibility
<b>Media/Culture</b>	DVD: Future Choices Demo: Mystery Egg COPPA Law Social Media Bullying Sexting	Demo: Voices of Choices Game: Winding Through Life The Story of Uganda Demo: Things Aren't What They Seem Media Influence Benefits & Risks of Digital Media COPPA Law, Sexting Addiction to Social Media	Demo: Hollywood Bag Brochure: Uganda Worksheet: Building a Country Demo: Media and Pornography	The Story of Uganda Worksheet: Rebuilding a Society



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<b>Refusal Skills/Peer Pressure</b>	DVD: Future Choices Demo: Mystery Egg Stickers: Do the Right Thing Demo: Hershey Kiss Role Play: Refusal Cards Worksheet: How to Say 'NO' and Mean It	Demo: Play-Doh Demo: Voices of Choices Worksheet: Lies, Lines and Comeback Card: Lines, Lies and Comebacks	Protective Factors Keys to Your Future	Brochure: Refusal Skills Bookmark: The Love Test
<b>Puberty/Anatomy</b>	Power Points: The Wonder of the Human Body: puberty/anatomy 12 Week Model	STI/STDs	STI/STDs	STI/STDs Female Reproductive System Differences in Anatomy
<b>Relationships</b>	DVD: Future Choices Flames of Passion Demo: Balloons Demo: Tape Measure Demo: The Sidewalk Life Success Sequencing	DVD: RUC Intro Worksheet: Building a Healthy Relationship Demo: Knight in Shining Armor Dating Guidelines Bonding Life Success Sequencing	Adverse Childhood Experiences Demo: How Crowded Is Your Bed Ghosts of Relationships Past Bookmark: Check Your Relationship Bonding Worksheet: Who Am I Protective Factors Love Tank	DVD: RUC Intro Demo: How Many Partners Is Too Many? Worksheet: Traits of future family Worksheet – Puzzling Hearts Bonding Demo: Staircase Worksheet - Building a Healthy Relationship Bookmark: The Love Test
<b>Consequences – Emotional</b>	Demo: Consequence Bag DVD: Future Choices Flames of Passion Demo: Save Your Heart	Demo: Consequences Bag Demo: Play-Doh DVD: Eating Disorders	Adverse Childhood Experiences Protective Factors Love Tank	Demo: Consequences Bag Bookmark: Check Your Relationship
<b>Marriage</b>	Demo: Consequence Bag Life Success Sequencing	Demo: Consequence Bag Demo: Bouquet Life Success Sequencing Best wedding gift Building a Healthy Relationship Dating Guidelines	Demo: How Crowded Is Your Marriage Bed? Demo: Building Blocks of Marriage Color Sheet: Matrimonial Laws Life Success Sequencing	Worksheet: Marriage: Does it Really Work? Color Sheet: True Love Color Sheet: If you want. Color Sheet: Matrimonial Laws Demo: Pair Bonding Life Success Sequencing
<b>Academics</b>	Demo: Consequences Bag Worksheet: Goals, Future Choices Demo: Keys to you future Life Success Sequencing	Demo: Consequences Bag Worksheet: Goals, What will it take to be me? Life Success Sequencing	Discussion: Goals Life Success Sequencing	Demo: Consequences Bag Demo: The Teen Game Life Success Sequencing



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Cohabitation		Telana's Story Demo: Relationship Failure	Demo: John & Julie	Demo: Building a Healthy Relationship
Communication Skills	Mystery Egg Sandwich Communication Worksheet: How to say "NO" and mean it	Sandwich Communication	Sandwich Communication	Demo: Puzzling Relationships Demo: Building a Healthy Relationship Bookmarks: Check Your Relationships



## **SIXTH GRADE | Goal and Objectives**

### **Goal: To strengthen future families**

#### **Lesson 1 Objectives:**

1. The student will identify four positive consequences of avoiding risky behaviors.
2. The student will define the terms of relationship risk avoidance.
3. The student will explore the importance of family to civilized society.

#### **Lesson 2 Objectives:**

1. The student will determine how his/her actions today can affect his/her future.
2. The student will explore and identify three consequences of pre-marital sexual activity.
3. The student will calculate the financial responsibility of raising a child to the age of eighteen.

#### **Lesson 3 Objectives:**

1. Students will examine the interrelationship between the intellectual, moral, physical, social and emotional aspects of humans.
2. Boys will examine the character the qualities of a socially and financially responsible male.
3. Girls will investigate the emotional consequences of relationships.
4. The student will list changes that occur during puberty.
5. The student will define the terms of anatomy and the function of the reproductive organs.

#### **Lesson 4 Objectives:**

1. The student will determine two appropriate limits in a relationship.
2. The student will share three reasons optimal health as vital to healthy relationships.
3. The student will identify four risk factors that complicate relationships.

#### **Lesson 5 Objectives:**

1. The student will review choices and make a decision by signing a pledge card.
2. The student will visualize the human life span and the time span for practicing optimal health.
3. The student will formulate refusal skills and role play.



## **SEVENTH GRADE | Goal and Objectives**

### **Goal: To strengthen future families**

#### **Lesson 1 Objectives:**

1. The student will identify three positive consequences of avoiding risky behaviors.
2. The student will define the terms of character, optimal health and renewed optimal health.
3. The student will experience the confusion of positive and negative peer pressure when deciding a course of action.

#### **Lesson 2 Objectives:**

1. The student will review the definition terms.
2. The student will discuss consequences of choices regarding alcohol, smoking, drug use and sexual activity outside of marriage as a teen.
3. The student will name seven STI/STDs and identify their primary symptoms.

#### **Lesson 3 Objectives:**

1. Students will probe the complex nature of bonding and relationships.
2. The student will examine the dangers of not setting appropriate limits in relationships.
3. The student will diagram the elements of a healthy relationship.

#### **Lesson 4 Objectives:**

1. The student will diagram a healthy relationship.
2. The student will examine, list, and discuss possible goals and consequences.
3. The student will demonstrate the possibility of consequences.

#### **Lesson 5 Objectives:**

1. The student will have the opportunity to commit to healthy, behavior and pledge to avoid risky behaviors.
2. The student will analyze forms of media and discuss choices.
3. The student will increase refusal skills by creating responses to peer pressure.



## **EIGHTH GRADE | Goal and Objectives**

### **Goal: To strengthen future families**

#### **Lesson 1 Objectives:**

1. The student will share at least one goal for the future.
2. The student will define adverse childhood experiences including abuse.
3. The student will examine 18 consequences of intimate relationships with multiple partners and the effects of those consequences on future relationships.

#### **Lesson 2 Objectives:**

1. The student will define terms of sexual risk avoidance, optimal health and refraining from sexual activity until marriage.
2. The student will name seven STI/STDs, chart their primary characteristics and determine the effectiveness of sexual risk avoidance and optimal health.
3. The student will examine transmission patterns of STI/STDs between individuals with multiple partners.

#### **Lesson 3 Objectives:**

1. The student will explore teen brain development.
2. The student will discover healthy growth and maturity of the whole person.
3. The student will examine various parenting choices for pregnant teens.
4. The student will analyze the effect of teen pregnancy on society.

#### **Lesson 4 Objectives:**

1. The student will examine seven reasons married fathers and mothers are important for children's well-being.
2. The student will explore the role of the father in setting guidelines for dating.
3. The student will discuss the effects of drug and alcohol use in decision-making.
4. The student will place in sequence the 12 building blocks of a healthy marriage.
5. The student will identify three advantages of marriage.

#### **Lesson 5 Objectives:**

1. The student will diagram a graphic visualizing who he/she is and where he/she is going.
2. The student will commit to an optimal health life-style and to avoiding risky behaviors.



## **HIGH SCHOOL | Goal and Objectives**

### **Goal: To strengthen future families**

#### **Lesson 1 Objectives:**

1. The student will identify and list at least 20 consequences of premarital sexual activity.
2. The student will decide which consequences can be eliminated by using birth control.
3. The student will decide which consequences can be eliminated by refraining from sexual activity.

#### **Lesson 2 Objectives:**

1. The student will examine the history of STI/STDs.
2. The student will explore medically accurate, scientific data on STI/STDs and identify eight specific infections and the characteristics of each.

#### **Lesson 3 Objectives:**

1. The student will share personal goals identified on worksheet
2. The student will mathematically calculate the reliability of condom percentages.
3. The student will define terms of sexual risk avoidance, optimal health and refraining from sexual activity until marriage.
4. The student will identify the effectiveness of birth control methods.
5. The student will explore the six steps of the success sequence.
6. The student will determine which 18 character traits they wish to define their future family.

#### **Lesson 4 Objectives:**

1. The student will compare and contrast healthy relationships versus unhealthy relationships.
2. The student will identify character traits that are essential for healthy relationships.
3. The student will observe the effects of bonding.
4. The student will diagram the elements of a healthy relationship and analyze unhealthy relationships by rearranging the elements.

#### **Lesson 5 Objectives:**

1. The student will examine adverse childhood experiences
2. The student will identify the five premises of marriage.
3. The student will identify the twelve steps of "pair bonding."
4. The student will analyze the achievability of delayed gratification through pair bonding.